



Choquequirao Trek
to Huanipaca

05 days | 04 nights



Description



Trek to the Choquequirao Mountain

Choquequirao Trek to Huanipaca 5 Days, choquequirao is one of the Inca citadel with a magical history because its name means the "cradle of gold" for sure place where the best goldsmiths lived, and located near silver and gold mines. with a unique architecture, choquequirao located on the way to the Amazon and with connection to the last citadel of the Incas "vilcabamba" The name Choquequirao means "Cradle of Gold." Located above the raging, glacier-fed Apurimac River, surrounded by towering snow-capped peaks and seated on a high ridge, Choquequirao is a remote and rarely visited "lost city of the Incas". The Inca archaeological site is considered, the sister to Machu Picchu, it is less known and 3 times larger than Machu Picchu. It was one of the last refuges, for those Incas

who continued to resist Spanish occupation after the conquest. The site was eventually abandoned and became covered by dense cloud forest vegetation and to this day archeologists continue to discover new sectors of the city.

On this adventurous trek, we will walk on Inca highways, hike through high Andean landscapes with majestic glaciers, descend into deep canyons where the condors fly and pass through biologically diverse cloud forest ecosystems. You will also see native animals such as Andean Condors, birds, native flora and fauna, orchids and so much more.

Choquequirao Trek 5 Days

Huanipaca



- Distance / Hours
- Lunch & Rest Area
- Pass Point
- River
- Footpath
- Major Road
- Minor Road
- Rail Road

Choquequirao Trek

- 5 Days Itinerary
- Day 01:** Cusco - Capuliyoc - Marampata "Choquequirao Sanctuary Lodge".
 - Day 02:** Marampata - Choquequirao - Marampata
 - Day 03:** Marampata - Choquequirao - Marampata
 - Day 04:** Marampata - San Ignacio - Villa De Loros
 - Day 05:** Villa De Loros - Saywite - Conoc Thermal Baths - Cusco

Distance	Time	Highest Elevation	Difficulty
19km / 11.80mi	12 hrs.	2,900m/9,514ft	Challenging
6km / 3.72mi	6 hrs.	3,050m/10,007ft	Easy
6km / 3.72mi	6 hrs.	3,050m/10,007ft	Easy
16km / 9.94mi	6 hrs.	3,050m/10,007ft	Challenging
		3,500m/11,482ft	Easy



Full Itinerary



Day 01

Cusco > Capuliyoc > Marampata.

We will pick you up from your hotel between 3:30 to 4:00 AM to start our trip in a private van for 4 hours to northeast of Cusco city, through small towns until Capuliyoc town (2.800masl) where we have a delicious breakfast and where also we will meet with our trip staff (muleteers and horses).

After breakfast we begin with our hiking for about 20 minutes and will arrive to our first viewer where we have a panoramic view, in front of us we can see the vilcabamba mountain range called (padreyoc) and the famous Apurimac Canon, after having an amazing view we will start our descend for 3 hours through beautiful landscapes where you will be able to see different medicinal plants which were used by our ancestors (muña, chilca and different varieties of plants) If we are lucky we will be able to see the majestic Condor, we descend until Chiquisca Hamlet (1800masl) where we have a delicious typical Cusco Lunch Buffet.

After having Lunch we will have a 30 min break to continue with our hiking, Descending 45 minutes more until Playa Rosalinas (1700masl), located in Apurimac River separated by two important Peruvian regions CUSCO and APURIMAC

After passing the famous Apurimac river we continue descending for 4 hours until Marampata (3500masl) on the way we will see bird dance, at sunset we will see andean people,

how they live in the mountains with a style of life that maybe you wont believe compared to the city. We will arrive to our private Choquequirao trek Lodge approximately at 5:30 pm, after a small break its time for dinner, approximately at 7pm and overnight in our LOGDE, during the night you will be able to see constellations according Andean or Inca religión.



Day Facts

Hiking distance:
15 Km. / 9.3 mile.

Hiking time:
6½ to 7 hour
approximately.

Climate:
hot in the day and warm in
the night.

Acomodation:
Lodge: Choquequirao
Sanctuary Lodge.

Meals:
Lunch, Dinner.

Maximum Altitude:
2850 masl. / 9350 ft.
(Marampata)

Minimum Altitude:
1475 masl. / 4839 ft. (Playa
Rosalinas)

01 Vieoad

02 Humgoon

03 Phogoon



Day 02

Maranpata > Choquequirao

In the early morning you will be woke up with a coca tea and have enough time to organize our stuff. Approximately at 7:30am we will have a delicious typical Breakfast. Then we will continue with our hiking to Maranpata, on this day the hiking is going to have a high level physically, where we will be able to see an amazing view of the Archeological Choquequirao Complex (3900masl) through our hiking we will have amazing canon views where our tour guide will explain about the flora and fauna, we'll have 3 hours to explore all the Choquequirao.

We will start our descend until Choquequirao Camping where our picnic Lunch is waiting for us, after having lunch we will take a 30min break and continue to an amazing place that only us know about it, this place is called cataratas de Pachayoc (water falls) a place where you will be in touch with the nature. Finally we will return to Camp Choquequirao where dinner is ready and is time to stop over.



Day Facts

Hiking distance:
4 Km. / 2.4 mile.

Hiking time:
3½ to 4 hour
approximately.

Climate:
hot in the day and warm in
the night.

Acomodation:
Lodge: Camp
Choquequirao.

Meals:
Breakfast, Lunch, Dinner.

Maximum Altitude:
3106 masl / 10190 ft.
(Choauqueiaro)

Minimum Altitude:
2850 masl / 9350 ft.
(Maranpata)

01 Choquequirao

02 Tourists in Choquequirao

03 Choquequirao Archaeological
Site



Day 03

Choquequirao.

After breakfast, we will visit the magnificent archeological site of Choquequirao for the entire day. Enjoy the private guided tour and explore all of the beautiful sections of the temples, terraces, palaces, the llamas' section, and much more. We will return to our same campsite for tea and spend the night.

Choquekirao means "Cradle of Gold" in Quechua Inca's language although this is probably not its original name. It is another "Lost City of the Incas" rediscovered officially late in the 20th century. It is located high on a ridge spur almost 1750 metres above the raging glacier-fed Apurimac River and is surrounded by the towering Salkantay and Humantay snow-capped peaks. Excavations and restoration of the 1810 hectares site began in the 1990s, and it is estimated that only 30% of the site has been restored to date. Every day archeologists are finding new things.



Day Facts

Hiking distance:
4 Km. / 2.3 mile

Hiking time:
4 hour approximately.

Climate:
hot in the day and warm in the night.

Acomodation:
Camping: Choquequirao.

Meals:
Breakfast, Lunch, Dinner.

Maximum Altitude:
3040 masl / 9973 ft.
(Choquequirao)

Minimum Altitude:
2919 masl / 9576 ft.
(Choquequirao Camp)

01 Tourist in Choquequirao

02 Choquequirao

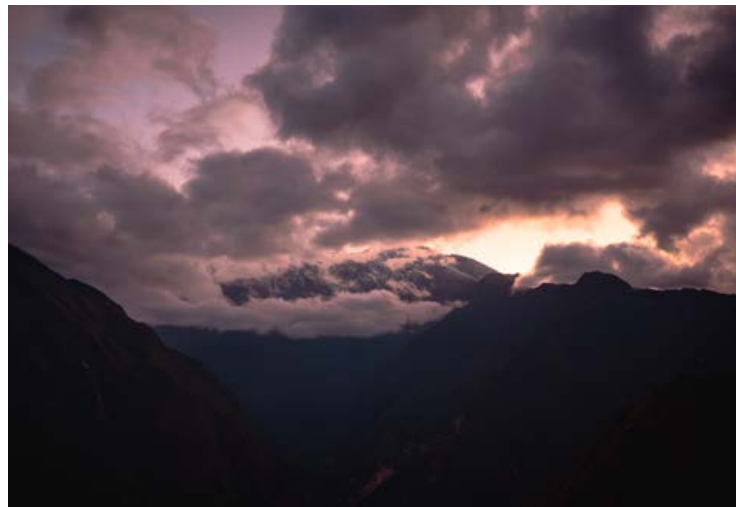
03 Choquequirao



Day 04

Choquequirao > San Ignacio > Villa De Loros

Today is one of the easier days of our trek. We will walk downhill for two hours to the magnificent Apurimac River (1,450m/4,787ft). We then cross the bridge to walk uphill for one hour to San Ignacio for lunch where we can enjoy the beautiful scenery and a great waterfall! After lunch we walk a moderate uphill trek through a beautiful valley towards Villa de Loros (2,600m/8,580ft) where we set up camp for the last evening.



Day Facts

Hiking distance:
16 Km. / 9.9 mile

Hiking time:
5 to 6 hour approximately.

Climate:
we start with a cold weather and we end up in a tropical climate.

Acomodation:
Camping: Choquequirao.

Meals:
Breakfast, Lunch.

Maximum Altitude:
3040 masl / 9289 ft.
(Choquequirao)

Minimum Altitude:
1450 masl / 4350 ft. (Playa San Ignacio)

01 View of the Andes Mountains

02 Sunset view of the Andes Mountains



Day 05

Villa De Loros > Saywite > Conoc > Cusco

Today is the relaxing and cultural day of our trek. After enjoying a delicious breakfast we take our private transport to the archeological site of Saywite, where we can explore and see an Inca monolith, several water fountains, and ritual platforms. After spending time enjoying the site we drive to the hot spring of Conoc to relax after several days of walking. After lunch we head back to Cusco dropping you at your hotel



Day Facts

Climate:
we start with a cold weather and we end up in a tropical climate.

Shuttle to Cusco:
4 Hours from Villa los Loros.

Meals:
Breakfast.

Maximum Altitude:
3500 masl / 11482 ft.
(Saywite)

Minimum Altitude:
3136 masl / 10288 ft.
(Huañipaca)

01 Saywite monolith

02 Tourists in the archeological site of Saywite

A light gray topographic map of a region, likely the Pacific Northwest, serves as the background. The map features contour lines and outlines of landmasses. Two horizontal orange lines are positioned above and below the text.

Inclusion & Packing List



What is Included?

Included

- Pick up at your hotel in the morning of the trek departure
- Private transport from Cusco to Cachora (starting point of the trek) and from Villa de Loros to Cusco
- Entry fee to Choquequirao and other Inca sites
- English speaking, experienced professional guide
- Private Guided tour in each archaeological complex
- Comfortable tents for two people in a four-person tent
- Meals as indicated in the itinerary (optional vegetarian food with prior request)
- 1 emergency horse which can be ridden if you're feeling exhausted or unwell
- All camping equipment such as: dining tent, table, chairs, kitchen tent and toilet tent
- Tent for our staff to sleep in
- First Aid kit including emergency oxygen bottle
- Horses (for equipment and personal items) including horsemen
- 7 kgs of your personal items such as extra clothes and sleeping bag will be

carried by our mules

- Boiled water for drinking and washing purposes
- Entry fee to the hot springs

What is NOT Included?

- * Sleeping bag
- * Day 1: Breakfast
- * Lunch and Dinner on the last day
- * Walking Sticks: you can hire from our company
- * Inflatable mattresses
- * Tips: Please note that our agency staff is well paid so please feel free to tip or not as you wish



What Should you Bring

Essential packing list

- Duffle Bag
- Daypack

Documents

- Original Passport

Clothing

- Underwear
- Base Layer
- Trekking Shirts
- Hard Shell Jacket and Rain Gear
- Insulated Jacket
- Fleece Jacket
- Trekking Shorts and Trousers

Headgear

- Hat for Sun Protection
- Head Band or Beanie
- Neck Gaiter or Balaclava

Hands

- Inner Gloves
- Outer Gloves

Footwear

- Hiking Boots
- Trainers (Trekking shoes / sandals)
- Hiking Socks
- Thermal Socks
- Gaiters

Important Accessories

- Sleeping Bag
- Trekking Poles
- Sunglasses
- Headlamp
- Water Bottle or Hydration Bladder
- Camera / Videocamera
- Notebook / Journal and Pen





Personal Gear and Medications



✦ **Trekking Towel:**

A small to medium sized hiking towel can come in great use. LifeVentures or Discovery provide good, quick-drying trekking towels.

✦ **Small Locks:**

To protect your belongings in your rucksack or duffle bag

✦ **Waterproof Ziplock Bags:**

These come in handy for storing important / valuable items like your money, a passport and electrical equipment

✦ **Isotonic Powder:**

Can be used to flavour your water nicely and helps replace electrolytes, improving energy levels and aiding water absorption. Here are some good Isotonic powdered drinks

✦ **Diamox:**

Also know as acetazolamide, is a medication that can be used as a prophylactic (preventative) solution for altitude sickness. It does not cure altitude sickness and should never therefore never be used as a method to continue ascending to high altitudes. It can however help prevent the onset of altitude sickness and is commonly used by high altitude climbers and trekkers.

✦ **General Medications:**

We recommend taking paracetamol or aspirin for headaches (a common altitude sickness symptom on the Salkantay Trek) and Imodium for diarrhoea (another common problem as food preparation can be a little unhygienic)

✦ **Basic First Aid Kit:**

If you are joining an organised trek, your guide will most likely be carrying a first aid kit. If you are hiking unsupported or independently then a first aid kit is a must. Here are some compact and good outdoor first aid kits: Outdoor First Aid Kits

✦ **Suncream / Lip balm:**

No one wants burnt skin or cracked lips! Be sure to bring 1 x suncream (SPF 30) and 1 x lip balm

✦ **Baby wipes:**

For quick and easy wet washes when no showers are in sight! bring 1 x baby wipes

✦ **Blister Plasters:**

The dreaded blisters! We recommend taking Compeed blister plasters

✦ **Hand Sanitizer:**

Great for disinfecting hands before and after eating, or when they get dirty during the hike



Our Hiking Team



Our Tour Guides

Your tour will be led by a trained and highly experienced professional with a very solid guiding background, years of hiking and wilderness experience, medical certifications, and a passion for leading people into unforgettable adventures.

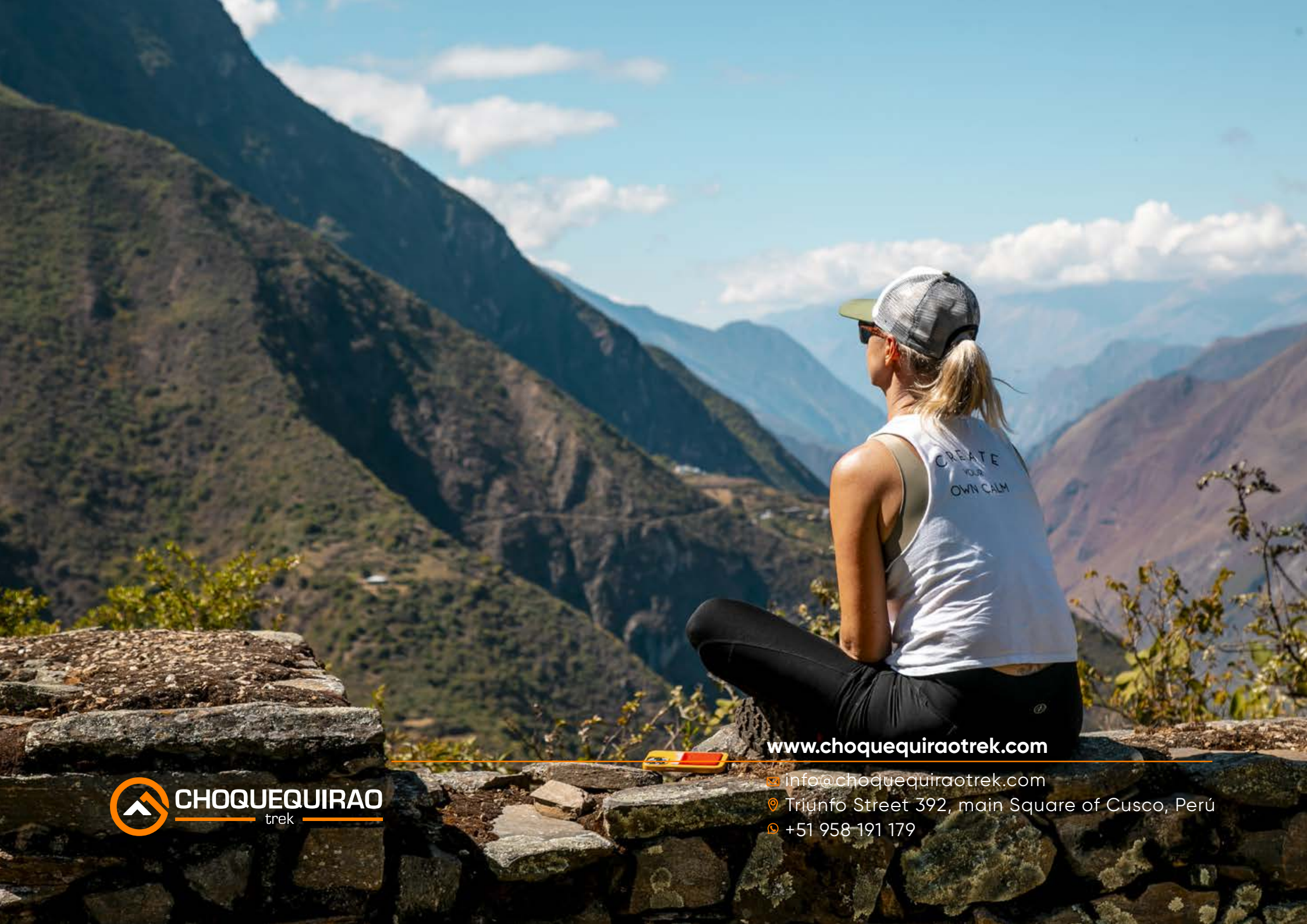
Our Horseman & Horses

Your tour will be led by a trained and highly experienced professional with a very solid guiding background, years of hiking and wilderness experience, medical certifications, and a passion for leading people into unforgettable adventures.



Our Cook

After a challenging trek we know how important a good hot meal can be to prepare your body and warm you up. That's why on every trek with Salkantay Trekking we employ chefs with years of experience cooking on the trails so that they provide filling.



CREATE
YOUR
OWN CALM

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